SAUVAGE
GOURMET

CAFÉ | *COFFEE*

CAFÉ SICAL | *SICAL COFFEE*	1.00 €
CAFÉ DUPLO SICAL | *SICAL DOUBLE COFFEE*	2.00 €
DESCAFEINADO SICAL | *SICAL DECAF*	1.00 €
GALÃO | *LATTE*	3.00 €
MEIA DE LEITE |*FLAT WHITE*	3.00 €
ABATANADO |*AMERICAN COFFEE*	2.00 €
CAPPUCCINO	3.50 €

ICED COFFEE & MATCHA

MATCHA LATTE	5.00 €
MANGA | *MANGO MATCHA LATTE*	6.00 €
MORANGO | *STRAWBERRY MATCHA LATTE*	6.00 €
CARAMELO | *CARAMEL LATTE*	5.50 €
BAUNILHA | *VANILLA LATTE*	5.50 €
NUTELLA | *MOCACCINO LATTE*	6.00 €
CAFÉ GELADO | *ICED COFFEE*	3.00 €

LEITE VEGETAL | *PLANT-BASED MILK*

AVEIA | OAT MILK	0.80 €
AMÊNDOA | ALMOND MILK	0.80 €
SEM LACTOSE | LACTOSE-FREE	0.80 €

EXTRA

CAFÉ | *COFFEE*	1.00 €
LEITE | *MILK*	0.80 €
GELO | *ICE*	0.50 €

CHÁ | *TEA*

ENGLISH BREAKFAST	3.00 €
EARL GREY	3.00 €
MENTA | *MINT*	3.00 €
MAÇÃ CANELA | *APPPLE CINNAMON*	3.00 €
VERDE | *GREEN*	3.00 €

SUMOS | *JUICES*

LARANJA | *ORANGE*	4.00 €
LARANJA MORANGO | *ORANGE STRAWB*	4.50 €
ABACAXI HORTELÃ | *PINEAPPLE MINT*	4.00 €
ABACAXI MORANGO | *PINEAPPLE STRAWB*	4.50 €
MELANCIA | *WATERMELON*	4.00 €

LIMONADA | *LEMONADE*

- HORTELÃ \| *MINT LEMONADE* 4.00 €
- MORANGO \| *STRAWBERRY* 4.50 €
- MARACUJÁ \| *PASSION FRUIT* 4.50 €

DETOX

SAUVAGE 6.00 €
laranja, abacaxi, maçã, pepino, espinafre, gengibre
orange, pineapple, apple, cucumber, spinach, ginger

SUMMER GLOW 6.00 €
laranja, cenoura, gengibre
orange, carrot, ginger

BETERRABA POWER 6.00 €
laranja, cenoura, maçã, beterraba, canela
orange, carrot, apple, beetroot, cinnamon

SOFT DRINKS & BEERS

ÁGUA LUSO | LUSO WATER	2.00 €
PEDRAS	2.50 €
PEDRAS LIMÃO	2.50 €
COCA-COLA	2.50 €
COCA-COLA ZERO	2.50 €
GINGER ALE	2.50 €
HEINEKEN	2.50 €
HEINEKEN 0%	3.00 €
SUPERBOCK STOUT	2.50 €
SOMERSBY FRUTOS SILVESTRES	4.00 €
SOMERSBY MAÇÃ | APPLE CIDER	4.00 €

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MENUS

BRUNCH SAUVAGE — 20.00 €

BEBIDA (1 opção) | ***DRINK*** *(1 option)*
- ÁGUA LUSO | *LUSO WATER*
- SUMO LARANJA | *ORANGE JUICE*

BOWL IOGURTE | ***YOGURT BOWL***
iogurte grego, granola caseira, mel, kiwi
greek yogurt, homemade granola, honey, kiwi

PRATO (1 opção) | ***DISH*** *(1 option)*

OVOS | EGGS opção bagel + 0.50 € | *bagel option + 0.50 €*
pão de mafra, dois ovos mexidos, bacon, cheddar, cebola frita, manteiga, especiarías, canónigos
Mafra bread, two scrambled eggs, bacon, cheddar, fried onions, butter, spices, lamb's lettuce

ABACATE | AVOCADO
pão de mafra, guacamole, ovo escalfado, cogumelos ou presunto, beterraba em pó, canónigos
Mafra bread, guacamole, poached egg, mushrooms or prosciutto, beetroot powder, lamb's lettuce

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PANQUECA (1 opção) | *PANCAKE (1 option)*
duas panquecas, banana, morango, açúcar em pó
two pancakes, banana, strawberry, powdered sugar

- MEL | *HONEY*
- NUTELLA
- LEITE CONDENSADO | *CONDENSED MILK*

CAFÉ (1 opção) | ***COFFEE*** *(1 option)*
- CAFÉ SICAL | *SICAL COFFEE*
- ABATANADO | *AMERICAN COFFEE*

EXTRAS
- manteiga de amendoim | *Peanut butter 2.00 €*
- doce de leite | *Dulce de leche 1.00 €*
- leite nido | *nido milk 1.00 €*
- frutos vermelhos | *red fruits 2.00 €*

SAUVAGE KIDS — 13.00 €

BEBIDA (1 opção) | ***DRINK*** *(1 option)*
- ÁGUA LUSO | *LUSO WATER*
- SUMO LARANJA | *ORANGE JUICE*

PRATO (1 opção) | *DISH (1 option)*
pão de mafra, ovos mexidos, queijo, fiambre
mafra bread, scramble eggs, cheese, ham

PANQUECA (1 opção) | *PANCAKE (1 option)*
duas panquecas, banana, morango, açúcar em pó
two pancakes, banana, strawberry, powdered sugar

- MEL | *HONEY*
- NUTELLA
- LEITE CONDENSADO | *CONDENSED MILK*

Apenas para crianças até aos 9 anos

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ENTRADAS | *STARTERS*

MEDITERRÂNEO | ***MEDITERRANEAN*** 12.00 €
Pão de Mafra, tomate, queijo mozzarella, manjericão, pimentos, ovo estrelado, especiarías
Mafra bread, tomato, mozzarella cheese, basil, bell peppers, fried egg, spices

BURRATA ESCONDIDA | ***HIDDEN BURRATA*** 14.00 €
Mix salada, burrata, beterraba, creme balsâmico, pistachio, tomate cherry, especiarías
Salad mix, burrata, beetroot, balsamic glaze, pistachio, cherry tomatoes, spices

SALADAS | *SALADS*

SALMÃO FUMADO | ***SMOKED SALMON*** 16.00 €
Mix salada, salmão fumado, queijo feta, tomate cherry, pepino, azeitonas, pão de mafra, especiarías
Salad mix, smoked salmon, feta cheese, cherry tomatoes, cucumber, olives, Mafra bread, spices

MAUÍ 15.00 €
Mix salada, abacaxi, camarão, pepino, guacamole, creme balsâmico
Salad mix, pineapple, shrimp, cucumber, guacamole, balsamic glaze

OMELETES | *OMELETTES*

VERDE | ***GREEN*** 13.00 €
Ovos frescos, espinafres, queijo feta, rabanetes, especiarias, mix salada
Fresh eggs, spinach, feta cheese, radishes, spices, salad mix

CAMARÃO | ***SHRIMP*** 15.00 €
Ovos, espinafres, queijo flamengo, tomate cherry, camarão, cebola frita, especiarias, mix salada
Fresh eggs, spinach, Flemish cheese, cherry tomatoes, shrimp, fried onions, spices, salad mix

PANQUECAS SALGADAS | *SAVORY PANCAKES*

ESTRELADA 13.00 €
Três panquecas, queijo flamengo, fiambre, bacon, ovo estrelado, cebola frita, especiarias, canónigos
Three pancakes, Flemish cheese, ham, bacon, fried egg, fried onions, spices, lamb's lettuce

AVOCADO 15.00 €
Três panquecas, cheddar, bacon, guacamole, ovo escalfado, cebola frita, especiarias, canónigos
Three pancakes, cheddar, bacon, guacamole, poached egg, fried onions, spices, lamb's lettuce

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BAGELS

SALMÃO FUMADO | ***SMOKED SALMON*** 15.00 €
Salmão fumado, creme fraiche, espinafres, guacamole, beterraba, especiarias
Smoked salmon, crème fraîche, spinach, guacamole, beetroot, spices

CACO TRUFADO | ***TRUFFLE CACO*** 16.00 €
Bolo caco, queijo trufa, espinafres, presunto, ovo estrelado, azeite de trufa, cogumelos, especiarias
Bolo do Caco bread, truffle cheese, spinach, prosciutto, fried egg, truffle oil, mushrooms, spices

OVOS BENEDICT | ***EGGS BENEDICT*** 16.00 €
Salmão fumado, creme fraiche, espinafres, ovo escalfado, molho holandês, especiarias
Smoked salmon, crème fraîche, spinach, poached egg, hollandaise sauce, spices

TORRADAS ABERTAS | *OPEN TOASTS*

OVOS & BACON | ***EGGS & BACON*** opção bagel incluída | *bagel option included* 12.00 €
Pão mafra, ovos mexidos, bacon, tomate cherry, especiarias, canónigos, queijo cheddar e cebola frita
Mafra bread, scrambled eggs, bacon, cherry tomatoes, spices, lamb's lettuce, cheddar cheese, fried onions

ABACATE | ***AVOCADO*** 12.00 €
Pão de mafra, guacamole, ovo escalfado, tomate cherry, beterraba em pó, especiarias, canónigos
Mafra bread, guacamole, poached egg, cherry tomatoes, beetroot powder, spices, lamb's lettuce

cogumelos frescos | *fresh mushrooms* **OU** | ***OR*** presunto parma | *parma ham*

SALMÃO FUMADO | ***SMOKED SALMON*** 16.00 €
Pão mafra, rúcula, creme fraiche, salmão, rabanetes, ovo escalfado, pistachio, especiarias, canónigos
Mafra bread, arugula, crème fraîche, smoked salmon, radishes, poached egg, pistachio, spices, lamb's lettuce

BURRATA 16.00 €
Pão de mafra, rúcula, presunto parma, burrata, pesto, tomate cherry, creme balsâmico, especiarias
Mafra bread, arugula, Parma ham, burrata, pesto, cherry tomatoes, balsamic glaze, spices

VEGETARIANA | ***VEGGIE*** 13.00 €
Pão mafra, espinafre, guacamole, cogumelos, ovo escalfado, tomate cherry, feta, azeitonas, rabanetes
Mafra bread, spinach, guacamole, mushrooms, poached egg, cherry tomatoes, feta cheese, olives, radishes

CABRA | ***GOAT CHEESE*** 12.00 €
Pão de mafra, queijo cabra, nozes, mel caseiro, framboesa, especiarias, canónigos
Mafra bread, goat cheese, walnuts, homemade honey, raspberry, spices, lamb's lettuce

RICOTTA & **FIGO** | ***RICOTTA*** & ***FIG*** 16.00 €
Pão de mafra, ricotta, figo fresco, presunto parma, mel caseiro, nozes, especiarias, canónigos
Mafra bread, ricotta, fresh fig, Parma ham, homemade honey, walnuts, spices, lamb's lettuce

de Junho a Setembro | *from June to September*

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BOWLS

IOGURTE GREGO | ***GREEK YOGURT*** 8.50 €
Iogurte grego, granola caseira, morango, banana, mel
Greek yogurt, homemade granola, strawberry, banana, honey

AÇAÍ 13.00 €
200gr Açaí, granola caseira, cinco frutas da época, dois toppings incluídos
200g Açaí, homemade granola, five seasonal fruits, two toppings included

TOPPINGS & **EXTRAS**

- manteiga de amendoim | *Peanut butter 2.00 €*
- paçoca | *brazilian peanut treat 1.00 €*
- leite condensado | *condensed milk*
- iogurte grego | *greek yogurt*
- leite nido | *nido milk 1.00 €*
- frutos vermelhos | *red fruits 2.00 €*
- mel | *honey*
- m&ms

PANQUECAS DOCES | *SWEET PANCAKES*

MEL & **CANELA** | ***HONEY*** & ***CINNAMON*** 6.00 €
Três discos de massa, mel, canela, açúcar em pó
Three pancakes, honey, cinnamon, powdered sugar

BANANA & **MORANGO** | ***BANANA*** & ***STRAWBERRY*** 8.50 €
Três discos de massa, banana, morango, granola caseira, açúcar em pó, um topping incluído
Three pancakes, banana, strawberry, homemade granola, powdered sugar, one topping included

TOPPINGS & **EXTRAS**

- manteiga de amendoim | *Peanut butter 2.00 €*
- nutella
- leite condensado | *condensed milk*
- iogurte grego | *greek yogurt 1.00 €*
- leite nido | *nido milk 1.00 €*
- doce de leite | *dulce de leche 2.00 €*
- mel | *honey*
- canela | *cinnamon*

FRUTOS VERMELHOS | ***RED FRUITS*** 9.50 €
Três discos de massa, framboesas, mirtilos, morangos, granola, açúcar em pó, um topping incluído
Three pancakes, raspberries, blueberries, strawberries, granola, powdered sugar, one topping included

BANOFFEE 10.00 €
Três discos de massa, doce de leite, bolacha, natas frescas, framboesa, hortelã, canela, banana
Three pancakes, dulce de leche, biscuit crumble, fresh cream, raspberry, mint, cinnamon, banana

GREGA | ***GREEK*** 9.50 €
Três discos de massa, iogurte grego, maracujá, kiwi, morangos, mel, açúcar em pó
Three pancakes, Greek yogurt, passion fruit, kiwi, strawberries, honey, powdered sugar

AÇAÍ 11.00 €
Três panquecas, bola de açaí, suspiro, leite condensado, leite nido, framboesas, morangos, mirtilos
Three pancakes, açaí scoop, meringue, condensed milk, Powdered Milk, raspberries, strawberries, blueberries

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